



The Newk

18 St Pauls Square, Perth, PH1 5QW

ANCHOR HOUSE SUPPORT SERVICES PERTH

Mental Health Crisis and Suicide Prevention Centre



We provide a safe and welcoming environment for those who are in crisis. This may be due to situational stress causing mental ill health, such as a relationship breakdown, bereavement, loss of job or coping with lifestyle changes.

If you need a safe space, if you need to get things off your chest, or just someone to listen we can do that. **We are here, we listen and we care.**



We offer face to face appointments any time day or night.



Reach out to us by calling 01738 718070 or send us a message on facebook by scanning our QR code

